

THE STAR WAY

September Focus: **Initiative**

What is it?

Initiative: the ability to make decisions and think alone; the power or opportunity to act or take charge before others do

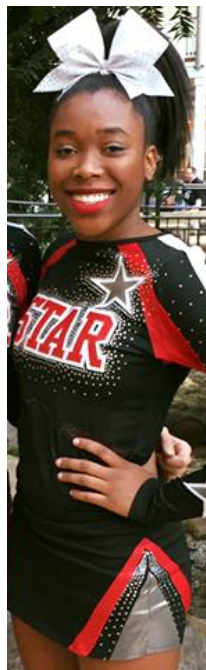
Wooden Says...

"Initiative means having the courage to make decisions and take action. Simple as that. Keep in mind that we all are going to fail at times. You must understand this and not fear failure."

At Star Athletics...

The staff will praise, correct, and coach at every practice. Their goal is to help you reach your fullest potential. A coach cannot work alone. It is important that every athlete has **Initiative** and can take responsibility of his/her own skills. **What will you bring to your competition routine? How will you make sure your team is set up for success? How can you show initiative at practice? Why is this important? Can you show initiative at home? How will this help you?**

Taking Control



A disciplined athlete does not wait for a coach to say something. She takes control. She makes decisions on her own. She thinks alone for the good of her team.

Avonna's teammates say she is, *"always showing **Initiative** in conditioning, knowing counts, helping everyone get through practice and even improving herself everyday. Avonna is an amazing teammate and is always willing to step up."*

She can be found at the gym hours before practice helping with whatever task needs to be done. Her room is decorated with quotes to motivate her. She has taken control of her All Star life and is on the path to reach all of her goals. Her **Initiative** has inspired her teammates, friends, and coaches and we are thankful.

#thestarway

